



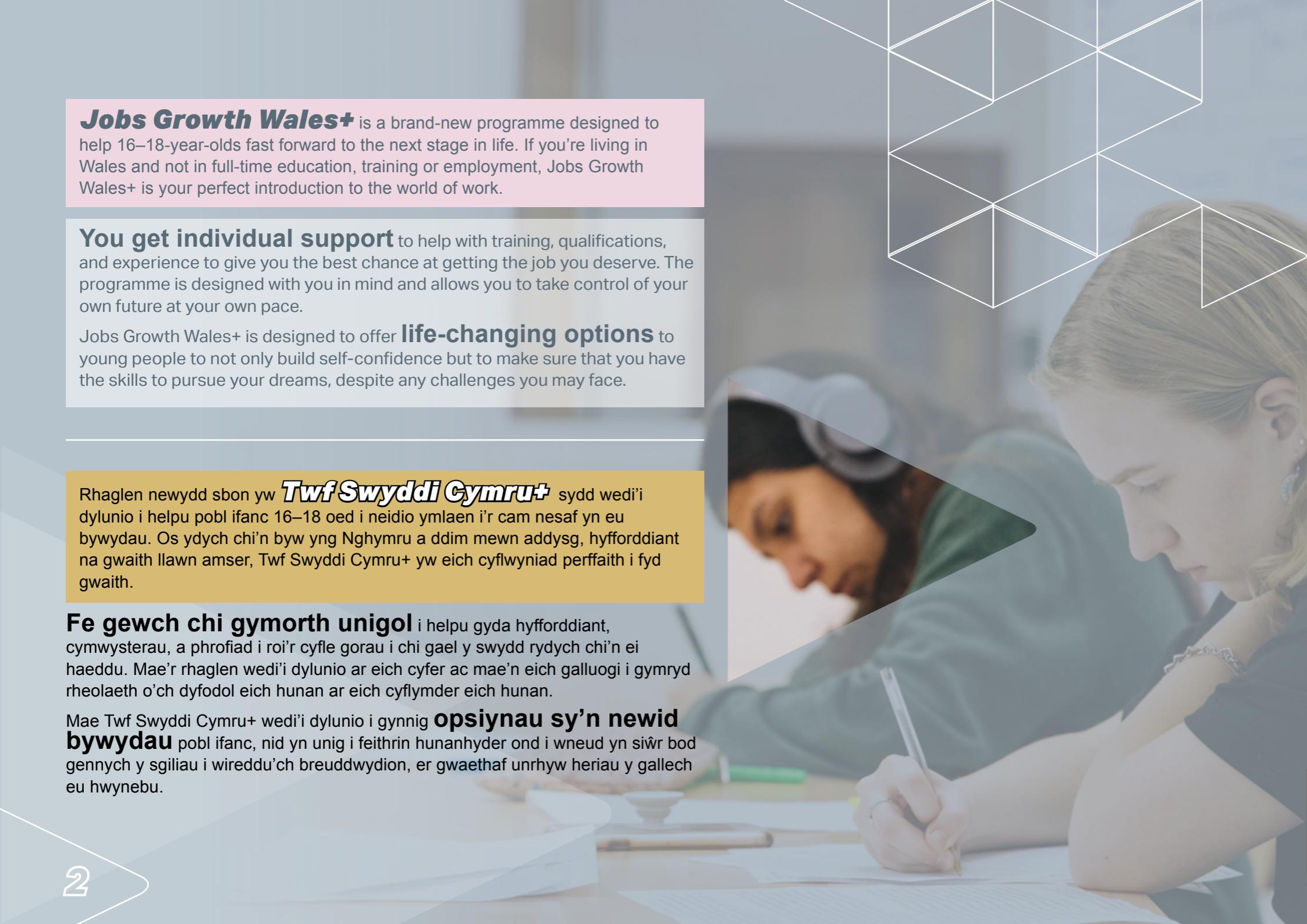
SKILLS AND EMPLOYMENT
SGILIAU A CHYFLOGAETH

**FAST FORWARD ➡
TO THE GOOD BITS**

WITH JOBS GROWTH WALES+

**NEIDIA 'MLAEN ➡
I'R RHANNAU DA**

Â TWF SWYDDI CYMRU+



Jobs Growth Wales+ is a brand-new programme designed to help 16–18-year-olds fast forward to the next stage in life. If you're living in Wales and not in full-time education, training or employment, Jobs Growth Wales+ is your perfect introduction to the world of work.

You get individual support to help with training, qualifications, and experience to give you the best chance at getting the job you deserve. The programme is designed with you in mind and allows you to take control of your own future at your own pace.

Jobs Growth Wales+ is designed to offer **life-changing options** to young people to not only build self-confidence but to make sure that you have the skills to pursue your dreams, despite any challenges you may face.

Rhaglen newydd sbon yw **Twf Swyddi Cymru+** sydd wedi'i dylunio i helpu pobl ifanc 16–18 oed i neidio ymlaen i'r cam nesaf yn eu bywydau. Os ydych chi'n byw yng Nghymru a ddim mewn addysg, hyfforddiant na gwaith llawn amser, Twf Swyddi Cymru+ yw eich cyflwyniad perffaith i fyd gwaith.

Fe gewch chi gymorth unigol i helpu gyda hyfforddiant, cymwysterau, a phrofiad i roi'r cyfle gorau i chi gael y swydd rydych chi'n ei haeddu. Mae'r rhaglen wedi'i dylunio ar eich cyfer ac mae'n eich galluogi i gymryd rheolaeth o'ch dyfodol eich hunan ar eich cyflymder eich hunan.

Mae Twf Swyddi Cymru+ wedi'i dylunio i gynnig **opsiynau sy'n newid bywydau** pobl ifanc, nid yn unig i feithrin hunanhwyder ond i wneud yn siŵr bod gennych y sgiliau i wireddu'r breuddwydion, er gwaethaf unrhyw heriau y gallech eu hwynebu.

HOW can **Jobs Growth Wales+** help me?

Itec and partners have been working with young people for over 40 years. We can help with everything from creating a CV, help in finding your dream job, or getting you the qualifications you need. We're here to offer support and guidance and look after your mental health & wellbeing. Jobs Growth Wales + offers you support in three areas;

- **Engagement** – If you don't know what you want to do in life, engagement will help you decide the right path to take. Here you are able to try out different jobs before choosing a course or apprenticeship and have specific training and development activities tailored to you. You can earn up to £40 a week.
- **Advancement** - If you have a specific career in mind, this is when Jobs Growth Wales + can help you make this a reality. Our teams can help you grow and progress with your very own individual learning plan. See on page 5 & 6 the routes we deliver. You can earn up to £55 a week.
- **Employment** - If you know what job you want, you're looking, and ready to start working, Jobs Growth Wales+ can help you find that perfect role. The team will help you find the right opportunity with local employers. Whilst we are helping you find the right job you can earn up to £55 per week.

SUT gall **Twf Swyddi Cymru+** fy helpu?

Mae itec a phartneriaid wedi bod yn gweithio gyda phobl ifanc ers dros 40 mlynedd. Gallwn helpu gyda phopeth o greu CV, dod o hyd i'ch swydd ddelfrydol, neu gael y cymwysterau sydd eu hangen arnoch. Rydyn ni yma i gynnig cymorth ac arweiniad ac i ofalu am eich iechyd meddwl a lles. Mae Twf Swyddi Cymru+ yn cynnig cymorth i chi mewn tri maes:

- **Ymgysylltu** - Os nad ydych yn gwybod beth rydych am ei wneud mewn bywyd, bydd ymgysylltu yn eich helpu i benderfynu ar y llwybr cywir i'w gymryd. Yma gallwch roi cynnig ar wahanol swyddi cyn dewis cwrs neu brentisiaeth a chael hyfforddiant a gweithgareddau datblygu penodol wedi'u teilwra i chi. Gallwch ennill hyd at £40 yr wythnos.
- **Cynnydd** - Os oes gennych yrfa benodol mewn golwg, dyma pryd y gall Twf Swyddi Cymru+ eich helpu i wireddu hyn. Gall ein timau eich helpu i dyfu a datblygu gyda'ch cynllun dysgu unigol eich hunan. Mae'r llwybrau rydyn ni'n eu darparu i'w gweld ar dudalennau 5 a 6. Gallwch ennill hyd at £55 yr wythnos.
- **Cyflogaeth** - Os ydych chi'n gwybod pa swydd rydych chi ei heisiau, eich bod yn chwilio, ac yn barod i ddechrau gweithio, gall Twf Swyddi Cymru+ eich helpu i ddod o hyd i'r swydd berffaith. Bydd y tîm yn eich helpu i ddod o hyd i'r cyfle iawn gyda chyflogwyr lleol. Tra byddwn ni'n eich helpu i ddod o hyd i'r swydd iawn gallwch ennill hyd at £55 yr wythnos.

Where to find us Ble i ddod o hyd i ni

Our Itec centres and partner offices cover 25 locations right across Wales. Get in touch with us today to see what support is available at the centre closest to you.

itec

- 1 Swansea
- 2 Neath
- 3 Aberdare
- 4 Bridgend
- 5 Pontypridd
- 6 Barry
- 7 Cardiff
- 8 Blackwood
- 9 Newport
- 10 Cwmbran
- 11 Brynmawr
- 12 Abergavenny
- 13 Monmouth

Futureworks

- 14 Haverfordwest
- 15 Cardigan
- 16 Pembroke Dock
- 17 Milford Haven
- Llanelli Rural Trust**
- 18 Llanelli
- 19 Carmarthen
- Inspire Training**
- 20 Swansea
- 21 Llanelli
- Bethany Training**
- 22 Newtown
- 23 Brecon
- Whitehead Ross**
- 24 Merthyr Tydfil
- Coleg QS**
- 25 Cwmbran

For more information on the location of our centres or to find the centre closest to you visit our website to find out more.

I gael rhagor o wybodaeth am leoliad ein canolfannau neu i ddod o hyd i'r ganolfan sydd agosaf atoch chi, ewch i'n gwefan.



HOW DO I get started SUT MAE dechrau arni

Don't know where to start when it comes to taking your next step? Start thinking about your talents or interests - could you see yourself working a job related to these?

Not only does this programme help you find a career, but we can also help you gain employability skills, earn recognised qualifications and access counselling support.

What interests you? Here are some examples to help you get started!



Accountancy - A profession in finance might suit you if you can build professional relationships with people and demonstrate integrity, business awareness and analytical skills.



Administration - Are you looking to establish yourself in a challenging and fast-paced professional environment? A career in business administration is ideal and can lead you to a range of varied and exciting jobs.

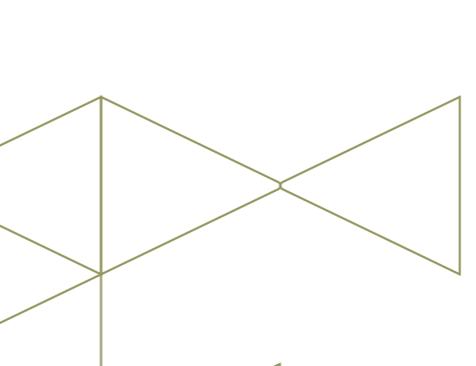


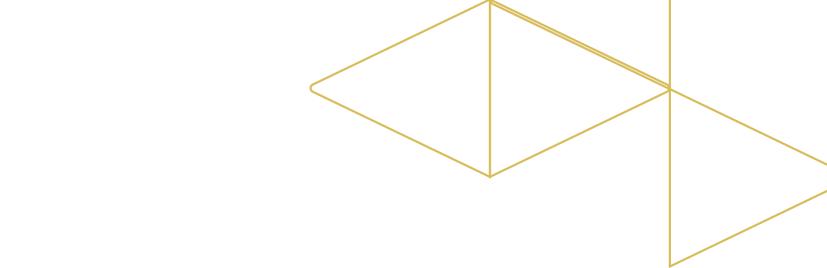
Hair and Beauty - Are you creative, a good listener, and love making people happy? You may want to consider a career as a hairdresser/barber or beautician and build on your practical and communication skills.



Gwallt a Harddwch - Ydych chi'n greadigol, yn wrandäwr da, ac yn mwynhau gwneud pobl yn hapus? Efallai y byddwch am ystyried gyrra fel rhywun trin gwallt/barbwr neu harddwr ac am ddatblygu eich sgiliau ymarferol a chyfathrebu.

Beth sydd o ddiddordeb i chi? Dyma rai enghreifftiau i roi dechrau arni!





Our PARTNERS Ein PARTNERIAID



Health and Social Care - If you're looking for a career to help make a big difference in the life of a vulnerable person, then a job in the health and social care sector as a nurse, nursery nurse, or carer would be the ideal path for you.



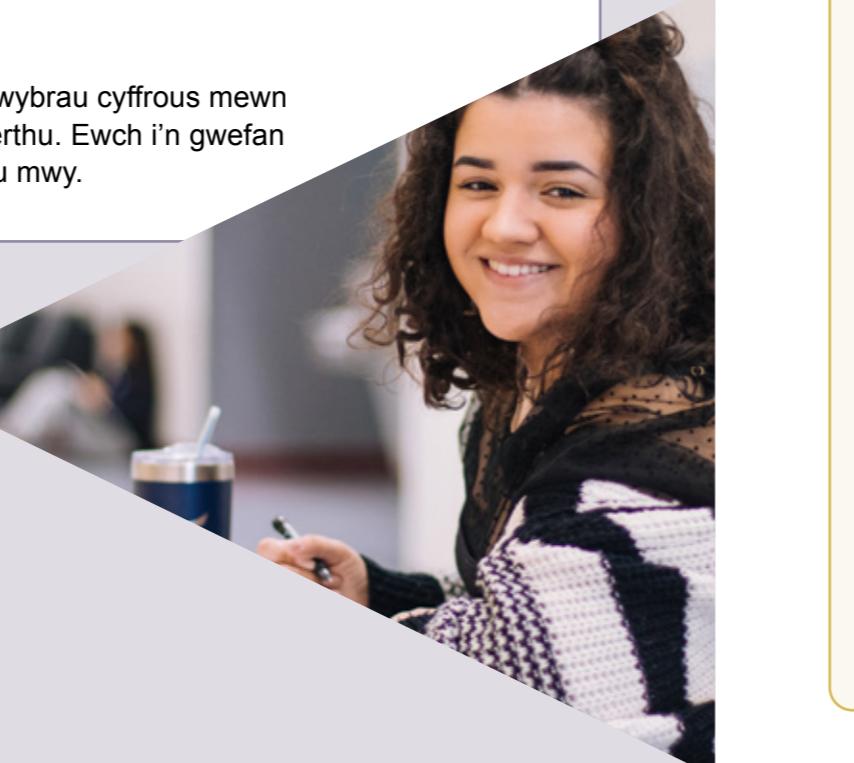
Motor Mechanics - Interested in motor vehicles, like a challenge, enjoy practical tasks? Our automotive repair and maintenance qualification is for you. Build on your practical skills and knowledge, problem solving ability and communication skills.



We also offer exciting routes in construction, education, and retail. Visit us on our website or get in touch to learn more.

Iechyd a Gofal Cymdeithasol - Os ydych chi'n chwilio am yrfa i helpu i wneud gwahaniaeth mawr ym mywyd rhywun sy'n agored i niwed, yna byddai swydd yn y sector iechyd a gofal cymdeithasol fel nyrs, nyrs feithrin, neu ofalwr yn llwybr delfrydol i chi.

Mecaneg Moduron - Diddordeb mewn cerbydau modur, yn mwynhau her, neu'n mwynhau tasgau ymarferol? Ein cymhwyster atgyweirio a chynnal a chadw moduron yw'r dewis i chi. Datblygwch eich sgiliau a'ch gwybodaeth ymarferol, eich gallu i ddatrys problemau a'ch sgiliau cyfathrebu.



Futureworks specialises in employment and skills services in the Pembrokeshire and Ceredigion area. Futureworks offer qualifications including Preparing to Work in Schools, Caring for Children, Business Administration, Customer Service, Personal Development, Employability Skills, and Engineer Operations. They also deliver all three strands of support for Jobs Growth Wales+.



LRC Training provides training and work experience for 16–18-year-olds in the Carmarthenshire area. LRC Training offer qualifications including but not limited to Personal Development, Employability Skills, Community Projects, Life Skills and Teamwork. They also deliver all three strands of support for Jobs Growth Wales+.



Inspire Training aims to provide youth and adults with skills, qualifications, and confidence to progress in their professional careers in the Swansea and Llanelli area. Inspire Training offer qualifications including but not limited to Customer Service, Construction, Digital Skills, Hair and Beauty, Mechanics, Retail and Sport. Their Swansea location offers the Engagement and Advancement strands, while the Llanelli location offers all three strands of support for Jobs Growth Wales+.

Mae Gwaith yn yr Arfaeth yn arbenigo mewn gwasanaethau cyflogaeth a sgiliau yn ardal Sir Benfro a Cheredigion. Mae Gwaith yn yr Arfaeth yn cynnig cymwysterau gan gynnwys Paratoi i Weithio mewn Ysgolion, Gofalu am Blant, Gweinyddu Busnes, Gwasanaeth Cwsmeriaid, Datblygiad Personol, Sgiliau Cyflogadwyedd, a Gweithrediadau Peirianwyr. Maen nhw hefyd yn cynnig pob un o'r tri llinlyn cymorth ar gyfer Twf Swyddi Cymru+.

Mae LRC Training yn darparu hyfforddiant a phrofiad gwaith i bobl ifanc 16-18 oed yn Sir Gaerfyrddin. Mae LRC Training yn cynnig cymwysterau fel Datblygiad Personol, Sgiliau Cyflogadwyedd, Prosiectau Cymunedol, Sgiliau Bywyd a Gwaith Tîm, ymhliith eraill. Maen nhw hefyd yn cynnig pob un o'r tri llinlyn cymorth ar gyfer Twf Swyddi Cymru+.

Nod **Inspire Training** yw rhoi sgiliau, cymwysterau a hyder i bobl ifanc ac oedolion i symud ymlaen yn eu gyrfaoedd proffesiynol yn ardal Abertawe a Llanelli. Mae Inspire Training yn cynnig cymwysterau fel Gwasanaeth Cwsmeriaid, Adeiladu, Sgiliau Digidol, Gwallt a Harddwch, Mecaneg, Manwerthu a Chwaraeon, ymhliith eraill. Mae eu lleoliad yn Abertawe yn cynnig y llinynnau Ymgysylltu a Chynnydd, tra bod eu lleoliad yn Llanelli yn cynnig pob un o'r tri llinlyn cymorth ar gyfer Twf Swyddi Cymru+.

Bethany Training

Bethany Training provides employability skills and work-based training in the Powys area. Bethany Training offer qualifications including Employment and Personal Development, Catering, Retail, Outdoor Work, Business Administration, Customer Service, Health and Social Care and Childcare. They also deliver all three strands of support for Jobs Growth Wales+.

Whitehead Ross Education & Consulting

Whitehead Ross Education and Consulting is an independent training provider that delivers free, government funded training courses that lead to accredited qualification in the Merthyr Tydfil area. Some of the qualifications offered by Whitehead Ross include Construction, Hospitality, Customer Service, Retail, and Childcare. They also offer all three strands of support from Jobs Growth Wales+.

Coleg QS Training

Coleg QS is a training provider of work based learning and private training in the electrical, engineering, construction, manufacturing and motor vehicle industries in the Torfaen and Newport area. Coleg QS offers different levels of qualification for Construction (some being trade specific) and Light Vehicle. Coleg QS offers the Advancement strand of support in specific routes.



Mae **Bethany Training** yn darparu sgiliau cyflogadwyedd a hyfforddiant sy'n seiliedig ar waith yn ardal Powys. Mae Bethany Training yn cynnig cymwysterau fel Cyflogaeth a Datblygiad Personol, Arlwyd, Manwerthu, Gwaith Awyr Agored, Gweinyddu Busnes, Gwasanaeth Cwsmeriaid, Iechyd a Gofal Cymdeithasol a Gofal Plant. Maen nhw hefyd yn cynnig pob un o'r tri llinyn cymorth ar gyfer Twf Swyddi Cymru+.

Whitehead Ross Education & Consulting

Coleg QS Training

FAQs

FAQs

- **Will this affect any benefits I or my household receives?** Each individuals' circumstances are different, but in 99% of cases it won't affect your benefits, please call us to discuss as we will be happy to support you.
- **How much will I get paid?** How much you get paid depends on what strand you are on and how many hours you attend each week, for example if you are on 'Engagement' and attend 28 hours per week, you will receive £40 per week.
- **What if I have a disability, health condition or suffer with mental health issues?** Jobs Growth Wales + can support everyone, we have a dedicated team who will work with you.
- **What if I have to travel?** Jobs Growth Wales + can support you with travel costs.
- **If I am a parent, can I apply for my teenager?** You can refer by making an appointment for your teenager at a local centre, email our Itec enquiries team - enquiries@itecskills.co.uk
- **What if I have children?** During your initial interview we can talk about your needs and can help you with childcare costs.

Cwestiynau Cyffredin

- **A fydd hyn yn effeithio ar unrhyw fudd-daliadau rydw i neu fy aelwyd yn eu derbyn?** Mae amgylchiadau pob unigolyn yn wahanol, ond mewn 99% o achosion, fydd hyn ddim yn effeithio ar eich budd-daliadau. Ffoniwch i drafod a byddwn yn hapus i roi cymorth i chi.
- **Faint fydd a i'n cael fy nhalu?** Mae faint y byddwch yn cael eich talu yn dibynnu ar ba llinyn rydych chi arno a faint o oriau rydych chi'n eu mynychu bob wythnos, er enghraift os ydych chi ar y llinyn 'Ymgysylltu' ac yn mynychu 28 awr yr wythnos, byddwch chi'n derbyn £40 yr wythnos.
- **Beth os oes gen i anabledd, cyflwr iechyd neu fy mod yn dioddef o broblemau iechyd meddwl?** Gall Twf Swyddi Cymru+ gynnig cymorth i bawb ac mae ganddon ni dîm ymroddedig a fydd yn gweithio gyda chi.
- **Beth os oes rhaid i fi deithio?** Gall Twf Swyddi Cymru+ eich helpu gyda chostau teithio.
- **Os ydw i'n rhiant, a alla i wneud cais ar gyfer fy mhlentyn yn ei ardegau?** Gallwch eu cyfeirio drwy wneud apwyntiad ar gyfer eich ardegyn mewn canolfan leol, e-bostiwch dîm ymholaidda itec - enquiries@itecskills.co.uk
- **Beth os oes gen i blant?** Yn ystod eich cyfweliad cychwynnol gallwn siarad am eich anghenion a gallwn eich helpu gyda chostau gofal plant.



Don't just take OUR WORD for it

Peidiwch â chymryd ein gair Ni

“Itec taught me new skills that I can use in my everyday life and built my confidence in the workplace.”

“Dysgodd itec sgiliau newydd i fi - sgiliau rydw i'n gallu eu defnyddio yn fy mywyd bob dydd - ac fe ddatblygodd fy hyder yn y gweithle.”

Caitlyn, 17

“Itec has helped me get qualifications in Maths and English.”

“Mae itec wedi fy helpu i ennill cymwysterau mewn Mathemateg a Saesneg.”

Ismail, 18

“Itec helped me get a mechanic placement in a garage.”

“Helpodd itec fi i gael lleoliad gwaith fel mechanig mewn garej.”

Nicola, 16

WHO can apply and HOW?

You can apply if:

- You are aged 16-18
- You live in Wales
- You are not in full-time education, training, or employment

If you're interested in applying for **Jobs Growth Wales+**



enquiries@itecskills.co.uk



029 2066 3800



PWY sy'n gallu gwneud cais a SUT?

Gallwch wneud cais:

- Os ydych chi'n 16-18 oed
- Os ydych chi'n byw yng Nghymru
- Os nad ydych chi mewn addysg, hyfforddiant na gwaith llawn amser

Os oes gennych ddiddordeb mewn gwneud cais i

Twf Swyddi Cymru+



enquiries@itecskills.co.uk



029 2066 3800

